



## Produce CSA

Rainbow Meadow Farms is now accepting applications for its Spring/Summer CSA. It will run for 20 weeks starting in April/May and running through September.

**Full Share** (feeds 4-6 people): \$500.00 (\$25.00/wk for 20 weeks of a 25 week period)

**Half Share** (feeds 2-3 people): \$300.00 (\$15.00/wk for 20 weeks of a 25 week period)

**The number of CSA subscriptions is limited to 50** this year and allocated on a first-come, first-served basis so get your application and check in as soon as possible in order to reserve your box. You will receive an email by Tuesday evening of each week letting you know if there will be a delivery that week and what the contents of that week's box are expected to be. Here are the types of items you should expect to receive each week in your box:

**May:** lettuce, mesclun, bok choy, cabbage, kale, greens, herbs, spinach, turnips, lamb's quarter, swiss chard, beets, radish, carrots, green onions, various herbs, strawberries

**June:** just about everything from May PLUS squash, zucchini, patti pan, sugar snap peas, Vidalia-style bulb onions, French fillet green beans (haricot vert), new potatoes, various herbs, blueberries

**July:** heirloom tomatoes, cherry tomatoes, cucumbers, squash, zucchini, beans, peas, sweet peppers, eggplant, Irish potatoes, heirloom fingerling potatoes, onions, sweet corn, okra, various herbs

**August:** same as July plus cantaloupe, honey dew, various exotic melons, field peas

**September:** just about everything from July, and August depending on the weather plus the first of the fall squash like butternut and acorn, grapes, figs and pears

### There are several pick-up locations for your CSA box:

1. \*Friday and Saturday mornings (our booth) at the Raleigh Farmer's Market (Market Shoppes)
2. \*Saturday mornings (from 10 am –noon) at the farm in Snow Hill.
3. \* Delivery to Greenville (Wednesday or Thursday afternoon – day to be determined)
4. \*A business that can get at least 5 subscribers in one location can also possibly become a pickup location. (Wilson or Goldsboro)
5. \* Delivery to New Bern Farmer's Market every 2 weeks (when we are there with our meats – pricing will be adjusted)

**IMPORTANT:** Please be aware that a CSA is not for everyone and that not all CSA's are alike. In order to handle the volume, we pack all of our CSA boxes the same which means you are not able to select what goes in your box and we only provide locally grown, in-season produce as well as root veggies that we have stored overwinter. If you are expecting late- summer type produce in your April CSA box or if you want to choose the contents of your box each week, you will be disappointed and should not subscribe.

**CSA subscription payment is due with your application.** We are limiting this year's CSA to 50 subscribers and expect that we will sell out quickly, so please get your application in as soon as possible if you are interested.

**EGGS:** We also offer a weekly egg supplement to our Produce CSA -- you can get one dozen pasture raised and antibiotic and hormone free eggs delivered each week with your CSA box. Eggs are \$70 for the 20 weeks. Be sure to let us know on the application that you want to include eggs.

**Bonus: If you get a friend to sign up for a CSA share, you will receive a Gift Certificate that can be used to order meats or eggs from the farm.**

Email [rainbowfarms@esn.net](mailto:rainbowfarms@esn.net) if you have questions or would like more details.

**Rainbow Meadow Farms**  
**2010 Spring/Summer Produce CSA**

To subscribe, please fill out the following form and send with payment to:

Rainbow Meadow Farms  
1065 Lloyd Harrison Rd  
Snow Hill, NC 28580

**(Please make out your check in the name of Genell Pridgen)**

<b>Name</b>	
<b>Address</b>	
<b>Phone</b>	
<b>Email</b>	
<b>Pick up location</b>	
<b>Amount enclosed (don't forget egg money if you wish to include eggs)</b>	

**\*\* Would you like to include eggs?**